

## The Lorica of St. Patrick: A Metaphysical Interpretation

1: "I bind to myself today, The strong power of the Trinity as my 3-fold divine nature, The faith of this Trinity in the Unity of Oneness, The Creative Energy of All-That-Is."

2: "I bind to myself to-day, The power of the embodiment of Christ, with that of the Holy Spirit as the activity of God in, through and as me, The power to Overcome, The power to Rise above and Ascend the things of the world, The power of Righteous Judgement."

3: "I bind to myself to-day, The power of love in the purity and cleansing power of exalted thoughts, In the obedience of those higher thoughts, (In the service of the highest of those thoughts,) In the assurance of overcoming into a consciousness of oneness, In the power of the Word, In the spiritualizing of the senses, In acts of Righteousness."

4: "I bind to myself to-day, The power of Christ Consciousness, The light of Understanding, The clarity of Divine Will, The purity of Spirit, The fulfillment of the law, The power of the Life current, the depth of Universal Mind, Stability of my Humanity, The strength of Faith.

5: "I bind to myself to-day, The Light of God to guide me, The Strength of God to uphold me, The Wisdom of God to teach me, The Presence of God to watch over me, The Faith of God to perceive Truth, The Word of God to decree my life, The Power of God to protect me, The Christ within to restrain me, The Substance of God to shelter me, The Mind of God to defend me, From the snares of shortcomings, From the temptations of sense, From every man who meditates injury to me, Whether far or near, With few or with many."



## St. Patrick's Breastplate



1: I bind to myself to-day, The strong power of the invocation of the Trinity: The faith of the Trinity in the Unity, The Creator of the elements."

2: "I bind to myself to-day, The power of the Incarnation of Christ, with that of his Baptism, The power of the Crucifixion with that of his Burial, The power of the Resurrection, with the Ascension, The power of the coming of the Sentence of Judgement."

3: "I bind to myself to-day, The power of the love of Seraphim, In the obedience of Angels, (In the service of Archangels,) In the hope of Resurrection unto reward, In the prayers of the noble Fathers, In the predictions of the Prophets, In the preaching of Apostles, In the faith of Confessors, In purity of Holy Virgins, In the acts of Righteous Men."

4: "I bind to myself to-day, The power of Heaven, The light of the Sun, The brightness of the Moon, The force of Fire, The flashing of lightning, The velocity of Wind, The depth of the Sea, The stability of the Earth, The hardness of Rocks."

5: "I bind to myself to-day, The Power of God to guide me, The Might of God to uphold me, The Wisdom of God to teach me, The Eye of God to watch over me, The Ear of God to hear me, The Word of God to give me speech, The Hand of God to protect me, The Way of God to prevent me, The Shield of God to shelter me, The Host of God to defend me, Against the snares of demons, Against the temptations of vices, Against the lusts of nature, Against every man who meditates injury to me, Whether far or near, With few or with many."



## St. Patrick's Breastplate



6: "I have set around me all these powers, Against every hostile savage power Directed against my body and my soul, Against the incantations of false prophets, Against the black laws of heathenism, Against the false laws of heresy, Against the deceits of idolatry, Against the spells of women, smiths and druids, Against all knowledge that binds the soul of man."

7: "Christ, protect me to-day Against poison, against burning, Against drowning, against wound, That I may receive abundant reward."

8: "Christ with me, Christ before me, Christ behind me, Christ within me, Christ beneath me, Christ above me, Christ at my right, Christ at my left, Christ where I lie down, Christ where I sit, Christ where I stand."

9: "Christ in the heart of every man who thinks of me, Christ in the mouth of every man who speaks to me, Christ in the eye of every man that sees me, Christ in the ear of every man that hears me."

10: "I bind to myself to-day, The strong power of an invocation of the Trinity, The faith of the Trinity in Unity, The Creator of the Elements."

11: "Salvation is the Lord's, Salvation is the Lord's, Salvation is Christ's. May thy salvation, Lord, be always with us! Amen."

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6: "I have set around me all these powers, From every unwelcome untamed power Directed negatively toward my body and my soul, From selfish desires, From the darkness of materialism, From dissonance of the law, From the deceits of idolization, From overzealous feelings and outer influences, From all thoughts that bind my soul to personality."

7: "The Christ of my being is my protection to-day from poisoning, burning, drowning, wounding my true self in any way, That I may receive an abundance of all good."

8: "I AM Christ."

9: "I behold the Christ in and as the heart, mind, and soul of all people."

10: "I bind to myself today, The strong power of the Trinity as my 3-fold divine nature, The faith of this Trinity in the Unity of Oneness, The Creative Energy of All-That-Is."

11: "Salvation is in the Word, Salvation is in the I AM, Salvation is in the Christ of my being. The salvation of the Christ is always within us! Amen."